

**SENIOR EUROPEAN CHAMPIONSHIPS (GR/FS/WW)
CHAMPIONNATS D'EUROPE SENIOR (GR/LL/LF)**

WARSAW (POL), 19-25.04.2021

SPECIFIC INFORMATION / INFORMATIONS SPECIFIQUES	
Details of the organising Federation Coordonnées de la Fédération organisatrice	Polish Wrestling Federation St. Zelazna 67 M. 73 PL – 00 – 871 Warsaw Tel: +48 22 624 81 11 Email: pol@unitedworldwrestling.org
Host broadcaster / Radiodiffuseur hôte	United World Wrestling Television
Details of the competition venue Coordonnées de la salle de compétition	Hala Widowiskowo-Sportowa COS Torwar ul. Łazienkowska 6a; 00-449 Warszawa
Age group Groupe d'âge	Senior according to the United World Wrestling rules Seniors selon les Règles de Lutte de United World Wrestling
Weight categories / Catégories de poids	FS / LL 57-61-65-70-74-79-86-92-97-125kg GR 55-60-63-67-72-77-82-87-97-130kg WW / LF 50-53-55-57-59-62-65-68-72-76kg
Number of mats and trademark Nombre de tapis et marque	3 United World Wrestling approved mats 3 tapis approuvés United World Wrestling
Deadline for the final entries Délai pour les inscriptions nominatives	19 March 2021 19 mars 2021
Referees' category Catégorie d'arbitres	Category IS and I Catégorie IS et I
Referees' course type Type de stage pour arbitres	Level IV and V (only practice during the competition, theoretical part will be done online before the competition) Niveau IV et V (seulement pratique durant la compétition, la partie théorique sera effectuée en ligne avant la compétition)
Reception of the teams Accueil des équipes	Warsaw Chopin Airport / Warszawa railway station Aéroport de Warszawa Chopin / Gare de Warszawa Dworzec
Details of the hotel for the teams Coordonnées de l'hôtel pour les équipes	Airport Okęcie ul. Komitetu Obrony Robotników 24; 02-148 Warszawa rezerwacja@airportohotel.pl Novotel Warszawa Airport ul. 1 Sierpnia 1, 02-134 Warszawa Tel: +48225756000 h0527-RE@accor.com
Details of the hotel for the referees Coordonnées de l'hôtel pour les arbitres	Courtyard by Marriott Warsaw Airport Żwirki i Wigury 1, 00-906, Warszawa, Polska wcy@courtyard.com.pl
Details of the hotel for the UWW Staff Coordonnées de l'hôtel pour le Staff UWW	Courtyard by Marriott Warsaw Airport Żwirki i Wigury 1, 00-906, Warszawa, Polska wcy@courtyard.com.pl
Details of the hotel for the UWW Bureau Coordonnées de l'hôtel pour le Bureau UWW	Sheraton Grand Warsaw Bolesława Prusa 2, 00-493, Warszawa, Polska warsaw@sheraton.com
Accommodation fee per day and per person Taxe de séjour par jour et par personne	CHF 180.- / EUR 170.- / USD 200.-
Entry fee for the competition Taxe d'engagement pour la compétition	CHF 100.-
Details of the accreditation place Coordonnées du lieu d'accréditation	Airport Okęcie ul. Komitetu Obrony Robotników 24; 02-148 Warszawa rezerwacja@airportohotel.pl

Organizer's bank details Coordonnées bancaires de l'organisateur	Polski Związek Zapasniczy, ul Żelazna 67/73, 00-871 Warszawa <u>For payment in EUR</u> Bank : Santander Bank Polska S.A. IBAN : PL 02 1090 1056 0000 0001 4313 4082 SWIF : WBKPPLPP <u>For payment in CHF</u> Bank : Santander Bank Polska S.A IBAN : PL 66 1090 1056 0000 0001 4313 4482 SWIFT : WBKPPLPP
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PROGRAM / PROGRAMME		
Saturday / Samedi 17.04.2021		Arrival of the delegations Arrivée des délégations
Sunday / Dimanche 18.04.2021	17.00	Referees' Consultation Consultation des arbitres
	17.00-18.00	Technical conference – all FS teams Conférence technique – toutes les équipes LL Draw FS – All weight categories Tirage LL – Toutes les catégories de poids
Monday / Lundi 19.04.2021	08.30-09.00	I Medical examination & Weigh-in FS – 57-65-70-79-97kg I Examen médical & Pesée LL – 57-65-70-79-97kg
	11.30-15.30	Qualification rounds FS – 57-65-70-79-97kg Tours éliminatoires LL – 57-65-70-79-97kg
	17.15-17.45	Opening Ceremony Cérémonie d'ouverture
	18.00-19.30	Semi Final FS – 57-65-70-79-97kg Demi-Finale LL – 57-65-70-79-97kg
Tuesday / Mardi 20.04.2021	08.30-08.45	II Weigh-in FS – 57-65-70-79-97kg II Pesée LL – 57-65-70-79-97kg
	08.45-09.15	I Medical Examination & Weigh-in FS – 61-74-86-92-125kg I Examen médical & pesée LL – 61-74-86-92-125kg
	11.30-15.30	Qualification rounds FS – 61-74-86-92-125kg Tours éliminatoires LL – 61-74-86-92-125kg
	11.30-15.30	Repechage FS – 57-65-70-79-97kg Repechages LL – 57-65-70-79-97kg
	15.30-16.30	Technical conference – all WW teams Conférence technique – toutes les équipes LF Draw WW – All weight categories Tirage LF – Toutes les catégories de poids
	16.45-17.45	Semi Final FS – 61-74-86-92-125kg Demi-finale LL – 61-74-86-92-125kg
	18.00-21.00	Finals FS – 57-65-70-79-97kg Finales LL – 57-65-70-79-97kg Award ceremonies / Cérémonies protocolaires
Wednesday / Mercredi 21.04.2021	08.30-08.45	II Weigh-in FS – 61-74-86-92-125kg II Pesée LL – 61-74-86-92-125kg
	08.45-09.15	I Medical examination & Weigh-in WW – 50-55-59-68-76kg I Examen médical & Pesée LF – 50-55-59-68-76kg
	11.30-14.00	Qualification rounds WW – 50-55-59-68-76kg Tours éliminatoires LF – 50-55-59-68-76kg
	11.30-14.00	Repechage FS – 61-74-86-92-125kg Repechages LL – 61-74-86-92-125kg
	16.45-17.45	Semi Final WW – 50-55-59-68-76kg Demi-finale LF – 50-55-59-68-76kg
	18.00-21.00	Finals FS – 61-74-86-92-125kg Finales LL – 61-74-86-92-125kg Award ceremonies / Cérémonies protocolaires
Thursday / Jeudi 22.04.2021	08.30-08.45	II Weigh-in WW – 50-55-59-68-76kg II Pesée LF – 50-55-59-68-76kg
	08.45-09.15	I Medical examination & Weigh-in WW – 53-57-62-65-72kg I Examen médical & Pesée LF – 53-57-62-65-72kg
	11.30-14.00	Qualification rounds WW – 53-57-62-65-72kg Tours éliminatoires LF – 53-57-62-65-72kg
	11.30-14.00	Repechage WW – 50-55-59-68-76kg Repechages LF – 50-55-59-68-76kg
	14.00-15.00	Technical conference – all GR teams Conférence technique – toutes les équipes GR Draw GR – All weight categories Tirage GR – Toutes les catégories de poids

	16.45-17.45	Semi Final WW – 53-57-62-65-72kg Demi-finale LF – 53-57-62-65-72kg
	18.00-21.00	Finals WW – 50-55-59-68-76kg Finales LF – 50-55-59-68-76kg Award ceremonies / Cérémonies protocolaires
Friday / Vendredi 23.04.2021	08.30-08.45	II Weigh-in WW – 53-57-62-65-72kg II Pesée LF – 53-57-62-65-72kg
	08.45-09.15	I Medical examination & Weigh-in GR – 55-63-77-87-130kg I Examen médical & Pesée GR – 55-63-77-87-130kg
	11.30-15.30	Qualification rounds GR – 55-63-77-87-130kg Tours éliminatoires GR – 55-63-77-87-130kg
	11.30-15.30	Repechage WW – 53-57-62-65-72kg Repechages LF – 53-57-62-65-72kg
	16.45-17.45	Semi Final GR – 55-63-77-87-130kg Demi-finale GR – 55-63-77-87-130kg
	18.00-21.00	Finals WW – 53-57-62-65-72kg Finales LF – 53-57-62-65-72kg Award ceremonies / Cérémonies protocolaires
Saturday / Samedi 24.04.2021	08.30-08.45	II Weigh-in GR – 55-63-77-87-130kg II Pesée GR – 55-63-77-87-130kg
	08.45-09.15	I Medical examination & Weigh-in GR – 60-67-72-82-97kg I Examen médical & Pesée GR – 60-67-72-82-97kg
	11.30-15.30	Qualification rounds GR – 60-67-72-82-97kg Tours éliminatoires GR – 60-67-72-82-97kg
	11.30-15.30	Repechage GR – 55-63-77-87-130kg Repechages GR – 55-63-77-87-130kg
	16.45-17.45	Semi Final GR – 60-67-72-82-97kg Demi-finale GR – 60-67-72-82-97kg
	18.00-21.00	Finals GR – 55-63-77-87-130kg Finales GR – 55-63-77-87-130kg Award ceremonies / Cérémonies protocolaires
Sunday / Dimanche 25.04.2021	08.30-08.45	II Weigh-in GR – 60-67-72-82-97kg II Pesée GR – 60-67-72-82-97kg
	16.00-17.45	Repechage GR – 60-67-72-82-97kg Repechages GR – 60-67-72-82-97kg
	18.00-21.00	Finals GR – 60-67-72-82-97kg Finales GR – 60-67-72-82-97kg Award ceremonies / Cérémonies protocolaires
	21.30	Final banquet Banquet final
Monday / Lundi 26.04.2021		Departure of the delegations Départ des delegations



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European Championships

19-25.04.2021 Warszawa

During the tournament, all safety rules will be applied in accordance with the recommendations of the Government and the sanitary protocol in force in the Republic of Poland.

Wearing masks is obligatory in public areas (e.g. shopping centers, shops, etc.), at airports and in public transport.

1. Accommodation

1. Each event participant entering the hotel is obliged to:
 - submit to a body temperature measurement
 - hands disinfection
 - wearing masks
2. Hotels will be dedicated only for the participants during the championships (no other customer such as tourists, etc.).
3. Each team will be accommodated in the same hotel throughout the tournament. There will be max. two hotels for Delegations – depending on the number of participants.
4. The hotel will disinfect the rooms and make disinfectants available.
5. Meals will be provided at the hotels - accordingly to current regulations of the Polish Government.
6. The Hotel is obliged to prepare a special place - an isolation room for each person participating in the tournament with symptoms of infection and to take appropriate epidemiological measures.
7. Wearing masks is obligatory in all common/public places, except for the restaurant room.
8. A training room will be available at the hotel. The availability hours will be announced and earlier reservation will be required.

2. Transport

1. The organizer provides transport for teams from the airport to hotel and hotel – airport. Each team separately in buses for 9 people
2. The organizer provides transport for participants from the hotel to competition venue and back in accordance with the applicable limits for means of transport in our country.



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3. The transport of passengers will be carried out in compliance with all safety rules resulting from legal regulations.
4. It is obligatory to wear masks during the journey.

3. Medical examination and weigh-in

1. Medical examination and weigh-in will always take place in the morning at the hotel, ensuring all safety. The wrestlers must have necessary documents ready (a document confirming their identity).
2. While waiting for the weigh-in, all participants of the competition maintain a safe social distance and are required to cover their mouth and nose (mask, beaver etc.)
3. Weigh-in will be performed in Airport Hotel at 7th floor. There will be 5 stands, separately for each weight category.
4. The judges will be equipped with protective equipment, gloves and beavers.

4. Competition

1. Each competition participant entering the sports facilities is obliged to:
 - submit to a body temperature measurement,
 - hand disinfection,
2. In accordance with the regulations in force, the competition will be run without the presence of the public.
3. The competition hall will be divided into zones:
 - warm-up, a separate room;
 - field of play;
 - decorations.

When passing to each zone, hands disinfection is required.

4. Before entering and leaving the competition zone wrestlers and coaches are obliged to carry out disinfection.
5. In the competition hall, wrestlers and coaches do not have to cover their mouth and nose in accordance with the regulations in force in our country.
6. Competition participants may use changing rooms and showers. The organizer is responsible for the disinfection of changing rooms and sanitary facilities. Before entering the field of play, the wrestler is required to wash the body thoroughly.
7. The judges will be equipped with protective gloves and beavers.
8. After the end of fights in one weight category, the mats will be disinfected.
9. There is an obligation to maintain a safe distance of 1.5 m in common/public areas



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5. Summary of sanitary measures

1. All participants shall present at accreditation a certificate of negative PCR test of less than 72 hours.
2. The LOC will conduct antigen rapid test before the accreditation (That will be free of charge for all participants).
3. In case of any positive antigen test, immediate isolation measures, a dedicated place for such and treatment will be provided. Such participant is obliged to do PCR test on cost of his/her Federation to confirm or exclude infection (Estimated price 90 EUR) . Positive result or refusal of taking a PCR test is synonymous with disclosed from the competition.
4. Hand sanitizers and face masks will be provided by the LOC during the championship.
5. All places (transports, hotels, training place, competition hall, etc.) will be disinfected several times per day.
6. Competition mats will be disinfected regularly, and every competitor will pass a disinfection barrier when entering the field of play; shoes will be wiped.
7. Before departure (return home) PCR tests for those participants who will request it during accreditation, will be at the cost of participating Federation. **Estimated price 90 EUR**

6. "Bubble"

1. The LOC will create the so-called "bubble" (Hotel, transportation, Wrestling Hall).
2. All participants obliged to stay in this bubble. In case of leaving, the participant must be disclosed.
3. All participants must fill a questionnaire, temperature check sheet and a liability release waiver upon arrival at the accreditation. The temperature check sheet will remain at the Team leader who must present a filled and signed one in case of any medical problem.
4. Liability: all participants must understand and sign that they release, waive, discharge the UWW and the Polish Wrestling Federation, from all liabilities, claims, demands, actions, and causes of action whatsoever, directly, or indirectly arising out of or related to any loss, damage, injury, or death, that may be sustained by the participant related to COVID-19 while participating in the Senior European Championships Warsaw 2021 while in, on, or around the premises or while using the facilities that may lead to unintentional exposure or harm due to COVID-19.

7. Final provisions

1. The Regulations may be updated, in particular when the legal regulations regarding epidemical restrictions, orders and prohibitions in the territory of the Republic of Poland are changed.
2. Representatives of the Management Board of the Polish Wrestling Association and the Secretary General present at the competition are authorized to interpretation of the Regulations stated above.

President PWF – Andrzej Supron – mobile +48 602 217 396

Secretary General – Marek Walachowski mobile: +48 604 754 382



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TEMPERATURE CHECK SHEET

NATIONAL FEDERATION:

Team Leader:

	Name and Last Name	Date	Time-Temperature		Position
			07.00	19.00	
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					

Medical Staff of the Championship:



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LIABILITY RELEASE WAIVER – COVID-19

The World Health Organization has declared the novel Coronavirus (COVID-19) a worldwide pandemic. Due to its capacity to transmit from person-to-person through respiratory droplets, the UWW and the Organizing Committee ("OC") have set recommendations, guidelines, and some prohibitions throughout the Sanitary Protocol and the adjustments to the UWW International Wrestling Rules in this regard for the Senior European Championships 19-25.04.2021 (the "Event").

The sanitary protocol applies to all participants in this Event. In consideration of my participation in the Event, I, the undersigned,

Name: Surname:

Birthdate: National Federation/Organization:

1. Confirm that I have taken good note of the sanitary protocol and specific and hereby undertake comply with them.

2. Acknowledge and agree to the following:

- I am aware of the existence of the risk on my physical appearance to the venue and my participation to the Event that may cause injury or illness such as, COVID-19.

- I have not experienced symptoms that of fever, fatigue, difficulty in breathing, or dry cough or exhibiting any other symptoms relating to COVID-19 or any communicable disease within the last 14 days.

- I have not been, nor any of my relatives, diagnosed to be infected of COVID-19 virus within the last 30 days.

3. And, following the pronouncements above I hereby declare the following:

- I am fully and personally responsible for my own safety and actions while and during my participation and I recognize that I may be in any case be at risk of contracting COVID-19.

- With full knowledge of the risks involved, I hereby release, waive, discharge the UWW and the OC, from any and all liabilities, claims, demands, actions, and causes of action whatsoever, directly or indirectly arising out of or related to any loss, damage, injury, or death, that may be sustained by me related to COVID-19 while participating in the Event while in, on, or around the premises or while using the facilities that may lead to unintentional exposure or harm due to COVID-19.

By signing below, I acknowledge that I have read the foregoing Liability Release Waiver and understand its contents; that I am at least eighteen (18) years old and fully competent to give my consent; That I have been sufficiently informed of the risks involved and give my voluntary consent in signing it as my own free act and deed; with full intention to be bound by the same, and free from any inducement or representation.

This waiver will remain effective until laws and mandates relevant to COVID-19 are lifted.

Date:

Signature:



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Accepted by Polish Wrestling Federation on 22.02.2021

22.02.2021

SEKRETARZ GENERALNY
Polskiego Związku Zapasniczego

Marek Walaehowski

