

SENIOR U23 EUROPEAN CHAMPIONSHIPS (GR/WW/FS)
CHAMPIONNATS D'EUROPE SENIOR U23 (GR/LF/LL)

PLOVDIV (BUL), 07-13.03.2022

SPECIFIC INFORMATION / INFORMATIONS SPECIFIQUES	
Details of the organising Federation Coordonnées de la Fédération organisatrice	Bulgarian Wrestling Federation Boulevard Vassil Levski 75 1040 Sofia – Bulgaria Tel: +359 29 814513 Fax: +359 29 806479 Email: bul@unitedworldwrestling.org
Details of the competition venue Coordonnées de la salle de compétition	Kolodrum Plovdiv, 8, Asenovgradsko shose Blvd., 4000 Plovdiv
Age group Groupe d'âge	Senior U23 according to the United World Wrestling rules Senior U23 selon les Règles de Lutte de United World Wrestling
Weight categories / Catégories de poids	FS / LL 57-61-65-70-74-79-86-92-97-125kg GR 55-60-63-67-72-77-82-87-97-130kg WW / LF 50-53-55-57-59-62-65-68-72-76kg
Number of mats and trademark Nombre de tapis et marque	3 United World Wrestling approved mats 3 tapis approuvés United World Wrestling
Deadline for the final entries Délai pour les inscriptions nominatives	14 February 2022 14 février 2022
Referees' category Catégorie d'arbitres	Category I Catégorie I
Referees' course type Type de stage pour arbitres	Level IV (only practice during the competition, theoretical part will be done online before the competition) Niveau IV (seulement pratique durant la compétition, la partie théorique sera effectuée en ligne avant la compétition)
Reception of the teams Accueil des équipes	Plovdiv Airport and Sofia International Airport Aéroport International de Plovdiv et de Sofia
Details of the hotel for the teams Coordonnées de l'hôtel pour les équipes	Grand Hotel Plovdiv 2, Zlatyu Boyadzhiev Str., 4003 Karshiaka, Plovdiv Tel: +359 32 934 155 Email: marketing@grandhotelplovdiv.bg Website: www.grandhotelplovdiv.bg
Details of the hotel for the referees Coordonnées de l'hôtel pour les arbitres	Landmark Creek Hotel 3 rd St. Valentin Str., Rowing canal West, Plovdiv 4000 Tel: +359 32 599 170 Email: sales@landmarkhotel.bg Website: www.landmarkhotel.bg
Details of the hotel for the UWW Bureau and the UWW Staff Coordonnées de l'hôtel pour le Bureau UWW et le staff UWW	Imperial Hotel Plovdiv 6, Lev Tolstoy Str., 4017 Plovdiv Tel: +359 32 600 730 Email: info.imperialplovdiv@radissonindividuals.com Website: www.hotelimperial.bg
Accommodation fee per day and per person Taxe de séjour par jour et par personne	CHF 180.-
Entry fee for the competition Taxe d'engagement pour la compétition	CHF 100.-
Details of the accreditation place Coordonnées du lieu d'accréditation	Grand Hotel Plovdiv 2, Zlatyu Boyadzhiev Str., 4003 Karshiaka, Plovdiv

Organizer's bank details Coordonnées bancaires de l'organisateur	"BF BORBA – PUL" LTD INTERNATIONAL ASSET BANK 1303 Sofia, 81-83 Todor Alexandrov bul Address: 1000 Sofia, p.c. 256 IBAN: BG41IABG80981402174000 – EUR IBAN: BG94IABG80981302174000 – CHF IBAN: BG06IABG80981102174000 – USD IBAN: BG59IABG80981002174000 – BGN BIC: IABGBGSF
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PLOVDIV (BUL), 07-13.03.2022

PROGRAM / PROGRAMME		
Saturday / Samedi 05.03.2022		Arrival of the delegations Arrivée des délégations
Sunday / Dimanche 06.03.2022	17.00	Referees' Consultation Consultation des arbitres
	17.00-18.00	Technical conference – all GR teams Conférence technique – toutes les équipes GR Draw GR – All weight categories Tirage GR – Toutes les catégories de poids
Monday / Lundi 07.03.2022	08.30-09.00	I Medical examination & Weigh-in GR – 55-63-77-87-130kg I Examen médical & Pesée GR – 55-63-77-87-130kg
	11.30-14.30	Qualification rounds GR – 55-63-77-87-130kg Tours éliminatoires GR – 55-63-77-87-130kg
	17.15-17.45	Opening Ceremony Cérémonie d'ouverture
	18.00-19.30	Semi Final GR – 55-63-77-87-130kg Demi Finale GR – 55-63-77-87-130kg
Tuesday / Mardi 08.03.2022	08.30-08.45	II Weigh-in GR – 55-63-77-87-130kg II Pesée GR – 55-63-77-87-130kg
	08.45-09.15	I Medical Examination & Weigh-in GR – 60-67-72-82-97kg I Examen médical & pesée GR – 60-67-72-82-97kg
	11.30-14.30	Qualification rounds GR – 60-67-72-82-97kg Tours éliminatoires GR – 60-67-72-82-97kg
	11.30-14.30	Repechage GR – 55-63-77-87-130kg Repechages GR – 55-63-77-87-130kg
	14.30-15.30	Technical conference – all WW teams Conférence technique – toutes les équipes LF Draw WW – All weight categories Tirage LF – Toutes les catégories de poids
	16.45-17.45	Semi Final GR – 60-67-72-82-97kg Demi Finale GR – 60-67-72-82-97kg
	18.00-20.30	Finals GR – 55-63-77-87-130kg Finales GR – 55-63-77-87-130kg Award ceremonies / Cérémonies protocolaires
Wednesday / Mercredi 09.03.2022	08.30-08.45	II Weigh-in GR – 60-67-72-82-97kg II Pesée GR – 60-67-72-82-97kg
	08.45-09.15	I Medical examination & Weigh-in WW – 50-55-59-68-76kg I Examen médical & Pesée LF – 50-55-59-68-76kg
	11.30-14.00	Qualification rounds WW – 50-55-59-68-76kg Tours éliminatoires LF – 50-55-59-68-76kg
	11.30-14.00	Repechage GR – 60-67-72-82-97kg Repechages GR – 60-67-72-82-97kg
	16.45-17.45	Semi Final WW – 50-55-59-68-76kg Demi-finale LF – 50-55-59-68-76kg
	18.00-20.30	Finals GR – 60-67-72-82-97kg Finales GR – 60-67-72-82-97kg Award ceremonies / Cérémonies protocolaires
Thursday / Jeudi 10.03.2022	08.30-08.45	II Weigh-in WW – 50-55-59-68-76kg II Pesée LF – 50-55-59-68-76kg
	08.45-09.15	I Medical examination & Weigh-in WW – 53-57-62-65-72kg I Examen médical & Pesée LF – 53-57-62-65-72kg
	11.30-14.00	Qualification rounds WW – 53-57-62-65-72kg Tours éliminatoires LF – 53-57-62-65-72kg

	11.30-14.00	Repechage WW – 50-55-59-68-76kg Repechages LF – 50-55-59-68-76kg
	14.00-15.00	Technical conference – all FS teams Conférence technique – toutes les équipes LL Draw FS – All weight categories Tirage au sort LL – Toutes les catégories de poids
	16.45-17.45	Semi Final WW – 53-57-62-65-72kg Demi finale LF – 53-57-62-65-72kg
	18.00-20.30	Finals WW – 50-55-59-68-76kg Finales LF – 50-55-59-68-76kg Award ceremonies / Cérémonies protocolaires
Friday / Vendredi 11.03.2022	08.30-08.45	II Weigh-in WW – 53-57-62-65-72kg II Pesée LF – 53-57-62-65-72kg
	08.45-09.15	I Medical examination & Weigh-in FS – 57-65-70-79-97kg I Examen médical & Pesée LL – 57-65-70-79-97kg
	11.30-14.30	Qualification rounds FS – 57-65-70-79-97kg Tours éliminatoires LL – 57-65-70-79-97kg
	11.30-14.30	Repechage WW – 53-57-62-65-72kg Repechages LF – 53-57-62-65-72kg
	16.45-17.45	Semi Final FS – 57-65-70-79-97kg Demi finale LL – 57-65-70-79-97kg
	18.00-20.30	Finals WW – 53-57-62-65-72kg Finales LF – 53-57-62-65-72kg Award ceremonies / Cérémonies protocolaires
Saturday / Samedi 12.03.2022	08.30-08.45	II Weigh-in FS – 57-65-70-79-97kg II Pesée LL – 57-65-70-79-97kg
	08.45-09.15	I Medical examination & Weigh-in FS – 61-74-86-92-125kg I Examen médical & Pesée LL – 61-74-86-92-125kg
	11.30-14.30	Qualification rounds FS – 61-74-86-92-125kg Tours éliminatoires LL – 61-74-86-92-125kg
	11.30-14.30	Repechage FS – 57-65-70-79-97kg Repechages LL – 57-65-70-79-97kg
	16.45-17.45	Semi Final FS – 61-74-86-92-125kg Demi finale LL – 61-74-86-92-125kg
	18.00-20.30	Finals FS – 57-65-70-79-97kg Finales LL – 57-65-70-79-97kg Award ceremonies / Cérémonies protocolaires
Sunday / Dimanche 13.03.2022	08.30-08.45	II Weigh-in FS – 61-74-86-92-125kg II Pesée LL – 61-74-86-92-125kg
	16.30-17.45	Repechage FS – 61-74-86-92-125kg Repechages LL – 61-74-86-92-125kg
	18.00-20.30	Finals FS – 61-74-86-92-125kg Finales LL – 61-74-86-92-125kg Award ceremonies / Cérémonies protocolaires
	21.00	Final banquet Banquet final
Monday / Lundi 14.03.2022		Departure of the delegations Départ des delegations

SANITARY PROTOCOL
for U23 EUROPEAN CHAMPIONSHIP
PLOVDIV, 7-13 March 2022

The sanitary protocol aims to protect health and life of all participants in the U23 EC and to reduce the possibility of viral transmission to a minimum during this Event.

As a contact sport, wrestling is at higher risk of viral transmission so higher degree of attention and more stringent measures are required from the Wrestling community.

This sanitary protocol is based on the current sanitary requirements provided by Bulgarian government against Covid - 19 as well as with UWW Guidance for Event Organizers and Participants

According to the latest regulations under Bulgarian legislation, the countries of those arriving in Bulgaria are divided into

- Green zone
- Orange zone
- Red zone

Those arriving from the **green** and **orange** zone need to have valid EU certificate /an equivalent or similar document /for vaccination, recovery after illness or a polymerase chain reaction test. The tests /PCR/ must be performed not earlier than 72 hours.

In the absence of these documents, the arrival is subject to a 10-day quarantine.

Termination of quarantine can be done after a minimum of 72 hours and a negative PCR test after that.

Those arriving from the **red zone** need a EU digital certificate/or equivalent /and PCR test up to 72 hours before arrival.

In the absence of these documents, the arrival is subject to a 10-day quarantine and it cannot be terminated.

1. Information about Covid -19.

- Covid-19 is a contagious viral disease transmitted by airborne droplets.
- Typical symptoms of COVID-19 include running nose, cough, fever, fatigue, breathing difficulties, loss of smell and taste.

2. How to protect ourselves from Covid -19

- Keep social distancing.
- Avoid close contact with people with symptoms of Acute Respiratory Illness.
- Compliance with the rules of personal hygiene /washing hands frequently with soap and water either an alcohol-based gel/.
- A proper use of face masks

3. In order to provide the best possible conditions for accommodation, training and competition and to reduce the risk of Covid-19 transmission a “sanitary bubble” will be organized.

- Includes (hotels, transport, wrestling hall).
- All participants are obliged to stay in this “bubble” - leaving can be done only in emergencies and after coordination with the LOC.

4. Sanitary measures requested by UWW for LOC (Local Organizing Committee):

- All participants shall present at accreditation a certificate of negative PCR test of less than 72 hours.
- Testing of all Participants using rapid antigen test shall be performed before accreditation.
- All participants will be asked to complete and sign a questionnaire related to Covid-19.

- Hand sanitizers and face masks will be provided by the LOC during the championship.
- All places (transports, hotels, training place, competition hall, etc.) will be disinfected several times per day.
- Competition mats will be regularly disinfected.
- Every athlete will pass a disinfection barrier when entering the field of play.
- Hand disinfection before and after each bout.
- All participants /coaches, referees, medical and technical staff/ must wear face masks or face shield / even if vaccinated/.
- The LOC Medical team will consist of doctors in training and competition areas as well as a special Covid–19 team available 24 hours at the hotels.
- In the competition hall a “Covid room” will be available in case of possible isolation.
- In case of any positive test, immediate isolation and additional testing for SARS Cov-2 using PCR test shall follow.
- If PCR test is positive this person shall be referred to isolation in the hotel under medical supervision, epidemiological investigations shall be initiated according to the health regulations in Bulgaria. She/ He will be under 10 days of quarantine. LOC will provide medical service and medication when necessary.
- LOC will organize PCR-SARS Cov-2 tests for all Participants before departure at the cost of 80 EUR /request during accreditation is necessary/.

5. Medical expenses related to COVID-19:

- License holders are covered during UWW competitions abroad by IMSSA Insurance for accident & illness – it includes covid-19 quarantine and flight ticket if refundable. The link containing full details :

<https://unitedworldwrestling.org/governance/accidentillness-insuranceemergency>

- For all participants not licensed by UWW all the expenses related to COVID-19 issue (tests, treatments, isolation, quarantine, hospital, etc.) must be covered by the Federation of the participant.

Keep everyone safe and healthy is our main goal.

This document may be changed depending on the evolution of the Pandemic, a change in the measures taken by the Bulgarian Government or the UWW instructions.

In case of any question, do not hesitate to contact the Bulgarian Wrestling Federation.

Hristo Marinov

President of
Wrestling

Organizing Committee



Valentin Raychev

President of the Bulgarian
Federation



Dr. Stefan Strugarov

UWW Medical Commission member